

# GOLDEN YEARS

## LUNCH MENU

**2 COURSES FOR 10\***

**MONDAY - FRIDAY LUNCH TIME ONLY 12 - 3**

The  
**Old Beams Inn**

PUB & EATERY



Dishes may contain traces of nuts & seeds.

♦ Please speak to a member of staff for more information on food allergies & intolerances.

\* applies if you are retired and collecting state pension

# LUNCH

## CIABATTA

All sandwiches served with a side salad

Home made beer battered fish finger  
and tangy tartare sauce

Rump steak with softened onions

Cheese and pickle, BLT or Tuna & mayo

## SHEPHERDS' PIE

Classic Shepherd pie topped with  
a fluffy mash, garden peas and a rich gravy

## SAUSAGES & MASH

Cumberland sausage, buttery mash,  
garden peas and a rich onion gravy

## HAM, EGG & CHIPS

Honey roast ham with two free  
range eggs and chunky chips

## JACKET POTATOES

Tuna mayo

Chilli beef lightly spiced

Cheese and beans

## SOUP OF THE DAY

With a warm ciabatta

## FISH & CHIPS

Battered fish, chunky chips, mushy peas  
and tangy tartare sauce

## PIE & MASH

Pie of the day with buttery mash

## CURRY

Chef's curry of the day served with rice

## MAC & CHEESE

Creamy oven baked mac and cheese

# DESSERTS

## BROWNIE

Homemade gooey chocolate brownie served with vanilla ice cream or cream  
and drizzled in a warm chocolate sauce

## STICKY TOFFEE

Moist sponge cake, with finely chopped dates, covered in a toffee sauce  
served with vanilla custard, ice cream or double cream

## ETON MESS

Fresh berries, meringue and whipped cream

## ICE CREAM

Selection of ice cream flavours, two scoops

**2 COURSES FOR 10 MONDAY - FRIDAY LUNCH TIME ONLY 12 - 3**

# GOLDEN YEARS LUNCH

## 2 COURSES FOR 10\*

MONDAY - FRIDAY LUNCH TIME ONLY 12 - 3

# LUNCH

### CIABATTA

All sandwiches served with a side salad

Home made beer battered fish finger  
and tangy tartare sauce

Rump steak with softened onions

Cheese and pickle, BLT or Tuna & mayo

### SHEPHERDS' PIE

Classic Shepherd pie topped with  
a fluffy mash, garden peas and a rich gravy

### SAUSAGES & MASH

Cumberland sausage, buttery mash,  
garden peas and a rich onion gravy

### HAM, EGG & CHIPS

Honey roast ham with two free  
range eggs and chunky chips

### JACKET POTATOES

Tuna mayo

Chilli beef lightly spiced

Cheese and beans

### SOUP OF THE DAY

With a warm ciabatta

### FISH & CHIPS

Battered fish, chunky chips, mushy peas  
and tangy tartare sauce

### PIE & MASH

Pie of the day with buttery mash

### CURRY

Chef's curry of the day served with rice

### MAC & CHEESE

Creamy oven baked mac and cheese

# DESSERTS

### BROWNIE

Homemade gooey chocolate brownie served with vanilla ice cream or cream  
and drizzled in a warm chocolate sauce

### STICKY TOFFEE

Moist sponge cake, with finely chopped dates, covered in a toffee sauce  
served with vanilla custard, ice cream or double cream

### ETON MESS

Fresh berries, meringue and whipped cream

### ICE CREAM

Selection of ice cream flavours, two scoops

\* applies if you are retired and collecting state pension